

COVID-19

**The situation reported in the media changes hourly and by government agencies – daily.**

**Travel guidelines are in place with Self-Isolation and Self-Reporting being recommended.**

The Public Health Agency of Canada is working with provinces, territories and international partners, including the World Health Organization, to actively monitor the situation. Global efforts are focused on containment of the outbreak and the prevention of further spread. There is no standard “Canada” messaging yet.

Canada's Chief Public Health Officer of Canada is in close contact with provincial and territorial Chief Medical Officers of Health to ensure that any cases of COVID-19 occurring in Canada continue to be rapidly identified and managed in order to protect the health of Canadians.

The Canadian Quarantine Act legislation gives the federal government a fair bit of latitude to do whatever they feel is necessary to stop the spread of a disease that could pose a public health risk. The legislation gives the federal health minister sweeping powers to stop the spread of communicable diseases either in or out of Canada. Those measures include everything from routine screenings conducted by quarantine officers at airports to mandated isolation. So far these restrictions relate only to the Level 3 countries.

Government of Canada Travel Advisories: <https://travel.gc.ca/travelling/advisories>

All provinces rely on self-isolation and self-reporting to local health authorities for all travelers who have entered Canada from Hubei, Iran or Italy AND those with symptoms who have been in contact with these travelers.

Travelers returning from other areas under active COVID-19 travel advisories for Hong Kong, Japan, Singapore, South Korea, France, Germany, Italy, and Spain should monitor themselves for symptoms of the 2019 novel coronavirus for 14 days after leaving the affected area AND contact your provincial/territorial/local health authorities if you experience symptoms of COVID-19.

Link for Canada:

Canada: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html>

**The most recent media reports include warnings and statements from Government of Canada officials and health ministers telling Canadians to avoid all non-essential travel outside of the country. As well, they urge anyone who has travelled to Canada from outside of the country to self-isolate for 14 days to assist in preventing the spread of the virus.**

Standard consistent across Board Recommendations are:

- Wash your hands frequently with soap and water or use alcohol-based hand rub when hands are not visibly soiled.
- Cough and sneeze into your elbow or a tissue. If using a tissue, immediately place it in a waste disposal and wash your hands.
- If possible, stay home when ill with acute respiratory symptoms; if this is not possible, limit close contact with others.
- Limit touching your eyes, nose, and mouth.
- Don't share items that may have saliva on them such as drinking glasses and water bottles.
- Frequently clean surfaces like taps, doorknobs, and countertops.
- Use of masks by the general public for respiratory illnesses such as influenza and novel coronavirus have not been shown to be effective in preventing virus spread and are not recommended for prevention.

In an attempt to limit the spread of the coronavirus disease (COVID-19), some provincial governments have implemented special entry and exit restrictions for their territory. Before travelling, verify if the local authorities of both your current location and destination have implemented any specific restrictions related to this situation. These include entry requirements, quarantines, border closures and flight suspensions.

- Monitor the media for the latest information
- Contact your airline or tour operator to determine if the situation will disrupt your travel plans

**Link for each province:**

**British Columbia:** <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>

**Alberta:** <https://www.alberta.ca/coronavirus-info-for-albertans.aspx>

**Saskatchewan:** <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus>

**Manitoba:** <https://www.gov.mb.ca/covid19/>

**Ontario:** <https://www.ontario.ca/page/2019-novel-coronavirus>

**Quebec:** <https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/>

**New Brunswick:**

[https://www2.gnb.ca/content/gnb/en/departments/ocmoh/cdc/content/respiratory\\_diseases/coronavirus.html](https://www2.gnb.ca/content/gnb/en/departments/ocmoh/cdc/content/respiratory_diseases/coronavirus.html)

**Prince Edward Island:** <https://www.princeedwardisland.ca/en/information/health-and-wellness/coronavirus-covid-19-infection-frequently-asked-questions>

**Nova Scotia:** <https://novascotia.ca/coronavirus/>

**Newfoundland and Labrador:** <https://www.gov.nl.ca/covid-19/>

**Northwest Territories:** <https://www.hss.gov.nt.ca/en/services/coronavirus-disease-covid-19>

**Yukon:** <https://yukon.ca/en/information-about-novel-coronavirus-yukoners>

**Nunavut:** <https://www.gov.nu.ca/health/news/coronavirus-travellers-remain-vigilant>